

| | Gluten | Lactose | Noten | Pinda | Vis | Ei | Schaal | Schelp | Mosterd | Selderij | Sesamzaad | Soja | Lupine | Sulfiet | Knoflook | Ui | Overig | |
|----------------------------|--------|---------|-------|-------|-----|----|--------|--------|---------|----------|-----------|------|--------|---------|----------|----|--------|---|
| LUNCH | | | | | | | | | | | | | | | | | | |
| Arancini's | • | • | | | | | | | | | | | | | | | | Kan zonder of kan vervangen worden door: |
| Bitterballen | • | • | | | | • | | | • | • | | | | | | | | Citroenmayo (ei, mosterd, sulfiet) |
| Bitterballen VEGAN | • | | | | | | | | • | • | | | | | | | | Mosterd (sulfiet). Let op: wel mosterd in de bitterbal. |
| Boterham bruin | • | | | | | | | | | | • | | | | | | | Mosterd (sulfiet). Let op: wel mosterd in de bitterbal. |
| Boterham wit | • | | | | | | | | | | | • | | | | | | |
| Cake | • | • | | | | | | | | | | | | | | | | |
| Caprese | | | | | | | | | | | | | | | | | | |
| Carpaccio | | • | | | | | | | • | | | | | • | | | | Pijnboompit |
| Croque madame | | • | | | | | | | | | | | | | | | | Kaas (padano bevat ei), pijnboompit, truffelmayo |
| Croque monsieur | | • | | | | | | | | | | | | | | | | |
| Ei | | | | | | | | | | | | | | | | | | |
| Ei en tomaat | | | | | | | | | | | | | | | | | | |
| Garnalencroquetjes | • | • | | | • | • | • | | | | | | | | | | | |
| Gegrilde groenten | • | • | | | | | | | | | | | | | | | | Mozzarella, padano, croutons |
| Geitenkaas | | • | | | | | | | | | | | | | | | | |
| Geltenkaas met peperonata | | • | | | | | | | | | | | | • | • | • | | Bosui, peperonata (sulfiet) |
| Gerookte zalm | | | | | • | | | | | | | | | | | | | Mierikwortelsaus |
| Gezond | | • | | | | | | | | | | | | | | | | |
| Ham | | | | | | | | | | | | | | | | | | |
| Ham en kaas | | • | | | | | | | | | | | | | | | | |
| Jonge kaas | | • | | | | | | | | | | | | | | | | |
| Kaaskrokerten | • | • | | | | • | | | • | • | | | | | | • | | Krokerten bevatten mosterd |
| Kaasstengels | • | • | | | | | | | | | | | | | | | | |
| Kalkskrokerten | • | • | | | | • | | | • | • | | | | | | • | | Krokerten bevatten mosterd |
| Krokerten VEGAN | • | | | | | | | | • | • | | | | • | • | • | | Mosterd (sulfiet). Let op: wel mosterd in de krokert. |
| Loempia | • | | | | | | | | | | | • | | | | | | Mosterd (sulfiet). Let op: wel mosterd in de krokert. |
| Makreel | | | | | • | | | | | | | | | | | | | |
| Merguez | | | | | | • | | | • | | | | | | | | | Mayonaise |
| Nootjes | | | • | | | | | | | | | | | | | | | |
| Omelet | | • | | | | • | | | | | | | | | | | | Extra's naar keuze |
| Osseworst | | | | | | | | | | | | | | | | | | Truffelsalsa bevat vis en knoflook |
| Oude kaas | | • | | | | | | | | | | | | | | | | |
| Rosbief | | | | | | | | | | | | | | | | | | |
| Stokbrood bruin | • | | | | | | | | | | • | | | | | | | Sporen van noten |
| Stokbrood wit | • | | | | | | | | | | | | | | | | | Sporen van noten |
| Tatare | | | | | | | | | | | | | | | | | | Ui |
| Toast avocado | • | | | | | | | | • | • | | | | • | • | • | | Mayonaise, ui |
| Toast kanibaal filet | • | • | | | | | | | • | • | | | | • | • | • | | Ei, ui, mayonaise (of mosterd), toast. Let op: wel lactose, ei, mosterd in de filet. |
| Toast kanibaal tartar | • | • | | | | | | | • | • | | | | • | • | • | | Ei, ui, mayonaise (of mosterd), toast |
| Tonijn, ansjovis, tomaat | | | | | • | | | | • | | | | | | | | | |
| Tonijnsalade | | | | | • | • | | | • | | | | | • | • | | | |
| Tosti | | | | | | | | | | | | | | | | | | |
| Vitello tonnato | | | | | • | • | | | • | | | | | • | • | | | |
| KIDS | | | | | | | | | | | | | | | | | | |
| Bitterballen | • | • | | | | • | | | • | • | | | | | | | | |
| Bitterballen VEGAN | • | | | | | | | | • | • | | | | | | | | Mosterd (sulfiet). Let op: wel mosterd in de bitterbal. |
| Hamburger | • | • | | | | | | | • | • | | | | | | • | | Mosterd (sulfiet). Let op: wel mosterd in de bitterbal. |
| Kaaskrokerten | • | • | | | | • | | | • | • | | | | | | • | | Brood. Let op: het vlees bevat ook gluten |
| Kaasstengels | • | • | | | | | | | | | | | | | | | | |
| Kalkskrokerten | • | • | | | | • | | | • | • | | | | | | • | | Krokerten bevatten mosterd |
| Krokerten VEGAN | • | | | | | | | | • | • | | | | • | • | • | | Krokerten bevatten mosterd |
| Kippensoep | • | | | | | • | | | • | • | | | | | | | | Vermicelli (ei) |
| Loempia | • | | | | | | | | | | | • | | | | | | |
| Merguez | | | | | | | | | • | | | | | | | | | |
| Pasta pesto | • | • | | | | • | | | | | | | | | | | | Pijnboompitten |
| Pasta tomatensaus | • | • | | | | • | | | | | | • | | | | | | Padano bevat ei |
| Pasta met truffel | • | • | | | | • | | | • | | | | | | | | | Padano bevat ei |
| Pasta zalm | • | • | | | • | | | | | | | | | | | | | Boter, kaas (padano bevat ei), court boullion (selderij) |
| Tomatensoep | • | • | | | | | | | | | | • | | | | | | Room |
| Visnuggets | • | | | | • | • | | | | | | | | | | | | Room. De gluten in de soep komt door de Maggi, dus wel echt heel weinig |
| GROENTEN/BIJGERECHT | | | | | | | | | | | | | | | | | | |
| Aardappel gekookt | | | | | | | | | | | | | | | | | | |
| Frites | | | | | | | | | | | | | | | | | | |
| Krieltjes | | | | | | | | | | | | | | | | | | |
| Puree | | • | | | | | | | | | | | | | | | | |
| Roseval aardappeltjes | | | | | | | | | | | | | | | | | | |
| Sla bij hoofdgerecht | • | | | • | | | | | • | | | | | • | • | • | | Croutons (knoflook), dressing (mosterd, sulfiet, ui, pinda) |
| Spinazie | | | | | | | | | | | | | | | | | | |
| Sperziebonen | | • | | | | | | | | | | | | | | | | Ui, boter |
| Wortelen | | • | | | | | | | | | | | | | | | | |
| Zeekraalsalade | | | | | | | | | | | | | | | | | | |
| Zuurkool | | • | | | | | | | | | | | | | | | | |
| SAUZEN | | | | | | | | | | | | | | | | | | |
| Aioli | | | | | | • | | | • | | | | | • | • | | | |
| Béarnaise | | • | | | | • | | | • | | | | | • | • | | | |
| Cocktailsaus | | | | | | | | | • | | | | | • | • | | | |
| Chocoladesaus | | | | | | | | | | | | • | | | | | | |
| Ketchup | | | | | | | | | • | | | | | | | | | |
| Mayonaise | | | | | | • | | | • | | | | | • | • | | | |
| Mayonaise citroen | | | | | | • | | | • | | | | | • | • | | | |
| Mosterd Dijon | | | | | | | | | • | | | | | • | • | | | |
| Peppersaus | | | | | | | | | • | | | | | • | • | | | |

| | | | | | | | | | | | | | | | | | | | | |
|-------------|--|--|--|--|---|--|--|--|--|--|--|--|--|--|--|--|---|---|--|--|
| Truffelmayo | | | | | • | | | | | | | | | | | | • | • | | |
|-------------|--|--|--|--|---|--|--|--|--|--|--|--|--|--|--|--|---|---|--|--|

Het is een enorme klus om dit bestand op te stellen en bij te houden. Mocht u tips of verbeterpunten hebben, geef ze even aan ons door, daar kunt u ons echt mee helpen.